



Srimad Bhagavad Gita - Concluding Summary

Gita Chapters

- Ch 1 (Arjuna Vishada Yoga) → Wrong thinking is the only problem in life
- Ch 2 (Sankhya Yoga) → Right knowledge is the ultimate solution to all problems
- Ch 3 (Karma Yoga) → Selflessness is the only way towards progress & prosperity
- Ch 4 (Jnana Karma Sannyasa Yoga) → Every act can be an act of prayer
- Ch 5 (Karma Sannyasa Yoga) → Renounce the ego and rejoice in the bliss of infinity
- Ch 6 (Atma Sanyama Yoga) → Connect to the Higher consciousness daily
- Ch 7 (Jnana Vijnana Yoga) → Live what you learn
- Ch 8 (Aksharabrahma Yoga) → Never give up on yourself
- Ch 9 (Raja Vidya Raja Guhya Yoga) → Value your blessings
- Ch 10 (Vibhuti Yoga) → See divinity all around
- Ch 11 (Vishwarupa Darshana Yoga) → Have enough surrender to see the Truth as it is
- Ch 12 (Bhakti Yoga) → Absorb your mind in the Higher
- Ch 13 Kshetra Kshetrajna Vibhaga Yoga → Detach from Maya & Attach to Divine
- Ch 14 (Guna Traya Vibhaga Yoga) → Live a lifestyle that matches your vision
- Ch 15 (Purushottama Yoga) → Give priority to divinity
- Ch 16 (Daivasura Sampath Vibhaga Yoga) → Being good is a reward in itself
- Ch 17 (Shradha Traya Vibhaga Yoga) → Choosing the right over the pleasant is a sign of power
- Ch 18 (Moksha Sannyasa Yoga) → Let Go. Let's move to union with God

Things to Remember

1. Gita is a Moksha/Jnana Shaastra
2. Means and End - God and Material World
3. Progression is key
4. Compassionate towards ABC
5. Rules for self; Love for others
6. Vishwaroopam is everywhere
7. Vedantic Values are Universal and Basic
8. Follow Karma Yoga, whenever we fall

Things to Do

1. Have (basic) faith
2. Drop Selfish desires
3. Drop 'all' desires
4. Always look for progression
5. Rate yourself from time to time
6. Smile. ITs the simplest thing to do
7. Always recognize Shreyas and Preyas
8. Dig in Deep, instead of being critical

Do I have this Knowledge

1. Reading
2. Reflect
3. Share and Discuss
4. Live the knowledge